

- 1- When booking the appointment for your second dose, keep in mind that it is not required to be exactly on the 21st day, it could be a few days before or after. It is recommended to book your appointment when you have a flexible schedule the next day and are able to rest.
- 3- If you have contracted COVID-19 virus after the first dose or was exposed to someone infected with COVID-19, please inform us prior to your second dose appointment.
- 3- Your second dose must be from the same manufacturing company as your first dose, as per the recommendation of the Centers for Disease Control (CDC).
- 4- Around 20 % of the people who receive the second dose experience side effects that can last around 2-3 days. Some of the common side effects are:

In the arm where you received the shot:

- Pain
- Redness
- Swelling

Throughout the rest of your body:

- Tiredness
- Headache
- Muscle pain
- Chills
- Fever
- Nausea

- 5- You can take acetaminophen to help alleviate your side effects (like fever and aches). The recommended dose is: 1gm every six hours for 48 hrs.
- 6- If you developed a rash or experienced a mild allergic reaction following the first dose, it is recommended to take antihistamine one hour before your scheduled second dose.
- 7- To have the optimal immunological response to each vaccine, you should avoid having any other vaccine within a two-week period. (since no studies on concomitant vaccination are available)
- 8- It is important to keep in mind that a period of two weeks is required, following your second dose, to achieve immunity.
- 9- Even after receiving your second dose, you should continue to wear your mask in the presence of others. This will remain the case until the majority of people have been vaccinated, less cases are reported, and herd immunity is high enough to allow this.

If you experience any severe reaction, please call LAU Medical Center- Rizk Hospital hospital hotline number on **6245** for medical assistance.

It is also recommended to report any other side effect or suspected adverse reactions on the following website link:

<https://covax.moph.gov.lb/impactmobile/vaccine>

9 things you should know before getting the second dose of the **Pfizer BioNTech vaccine.**

