

Marianna Helou, MD

Clinical Assistant Professor

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Dr. Mariana Helou is an accomplished Emergency Physician Specialist and Family Physician Specialist, currently holds positions as full-time Faculty and Assistant Professor at the School of Medicine at the Lebanese American University.

Dr. Helou's educational background includes a Certificate in Clinical Research from the Lebanese American University, and a Certificate of Mass Casualty Management Learning Program and Training of Trainer from the WHO academy in Brussels. She also earned a Master of Science in Disaster Medicine from Università del Piemonte Orientale in Italy, and Vrije Universiteit Brussel, along with a Clinical Simulation Diploma from the Lebanese American University. In addition, Dr. Helou completed Emergency Medicine Capacity training at the University of Picardie Jules Verne in France, and holds a Family Medicine diploma from Saint Joseph University in Lebanon.

Dr. Helou serves as a Faculty member and Thesis Supervisor for the European Master in Disaster Medicine at UPO in Italy showcasing her commitment to academic excellence. She specializes in Emergency Medicine, Clinical Simulation, and Disaster Medicine, with extensive professional involvement in organizations such as the European Society of Emergency Medicine and the World Association for Disaster and Emergency Medicine.

Dr. Helou's significant contributions to academia are evident through her 31 publications, 16 abstracts/oral presentations, and nine invitations as a speaker. Actively participating in professional organizations, she is also a member of the Disaster Medicine Section of EUSEM, further establishing her expertise.