

## Alfred Khoury, MD

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Dr. Alfred Khoury is a Clinical Associate Professor of Orthopedic Surgery at the Gilbert and Rose-Marie Chagoury School of Medicine, Lebanese American University, with a distinguished career specializing in Sports Medicine. With a deep commitment to athlete care, he has developed extensive expertise in minimally invasive surgical procedures, particularly the arthroscopic management of knee injuries. Over the years, Dr. Khoury has worked closely with professional and national athletes across multiple disciplines, often traveling with teams to provide medical support. His practice is centered on enabling athletes to return safely and successfully to their sport following injury. With a vast experience in knee surgeries and reconstruction, of more than 350 ACL/year, he became a reference in this kind of surgery.

Dr. Khoury completed his medical degree and orthopedic surgery specialization at the Lebanese University, followed by advanced training at Université Claude Bernard in Lyon and a fellowship in Sports Medicine and arthroscopic surgery at the Pitié-Salpêtrière Faculty of Medicine in Paris. His academic contributions include numerous publications in peer-reviewed journals, covering topics such as ACL reconstruction, meniscal tears, and the surgical management of sports-related injuries. He has been an invited speaker at international scientific meetings, where he shares his experience and insights on advancing sports medicine practices.

Alongside his clinical work, Dr. Khoury is actively engaged in education and mentorship. At LAU Medical Center–Rizk Hospital, he trains residents in arthroscopic techniques and the surgical management of sports injuries, and he also teaches students pursuing master's degrees in Sports Rehabilitation at universities in Lebanon, particularly a joint fellowship between LAU and AUB in sports medicine. His dedication to teaching is matched by his active role in ongoing research and collaboration with international institutions.

Dr. Khoury's leadership extends to sports organizations and medical societies. He is a founding member of the Société Méditerranéenne de Médecine du Sport, a FIFA/AFC Certified Instructor in Sports Medicine, and a long-standing physician for Major Clubs in Lebanon's Premier League. He is also the chair of the medical committee of the National team of Football and Basketball. He has participated in two World Cup as the lead physician for Lebanon National team.

His contributions have been recognized with honors such as the AFC Physician Silver Medal for Best Sports doctor in Asia. Through his clinical expertise, academic contributions, and dedication to athlete health, Dr. Khoury has established himself as a leader in Sports Medicine, bridging the gap between surgical innovation, athlete care, and medical education.