

## Majd Rustom, MD

Full-time Clinical Instructor in the Department of Internal Medicine, Division Gastroenterology

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Dr. Majd Roustom is a gastroenterologist and hepatologist who currently serves as Chief of the Gastroenterology Section at LAUMC–Saint John’s Hospital in Jounieh and practices at LAUMC–Rizk Hospital in Beirut. He is also a full-time Clinical Instructor in the Department of Internal Medicine, Division of Gastroenterology.

A graduate of the Faculty of Medicine at the Lebanese University, Dr. Roustom completed his specialization in internal medicine and gastroenterology before pursuing advanced subspecialty training in France. At the Faculty of Medicine Paris Diderot, he obtained a DFMS in Hepatogastroenterology, focusing on endoscopy, inflammatory bowel disease (IBD), and functional gastrointestinal disorders.

Throughout his career, Dr. Roustom has combined clinical expertise with a strong commitment to medical education. His professional interests center on liver disease, IBD, irritable bowel syndrome (IBS), and functional bowel disorders, with a particular emphasis on advanced endoscopic interventions. As both a clinician and educator, he is dedicated to providing comprehensive, patient-centered care while mentoring young physicians and contributing to the advancement of gastroenterology in Lebanon. He believes that medicine is not only about diagnosing and treating disease but also about guiding patients with empathy, science, and dedication toward better health outcomes.

In addition to his clinical and academic responsibilities, Dr. Roustom has contributed to research in gastroenterology and hepatology. His published work includes studies on the epidemiology of *Helicobacter pylori* infection and its association with type II diabetes, case reports on acute epiploic appendagitis and methotrexate-induced liver cirrhosis, and recent reviews on innovative approaches to managing perianal fistulas using platelet-rich plasma, mesenchymal stem cells, and their secretome.

Dr. Roustom is an active member of the Lebanese Order of Physicians and the Lebanese Society of Gastroenterology. Through his dual role as a physician and educator, he continues to advance patient care, foster medical knowledge, and strengthen the next generation of specialists in gastroenterology and hepatology.