

Prof. Fouad Fayad, MD, PHD

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Professor Fouad Fayad is a consultant rheumatologist and academic leader whose career integrates clinical excellence, medical education, and internationally recognized research. He serves as Professor of Clinical Medicine at the Lebanese American University Gilbert and Rose-Marie Chagoury School of Medicine, Head of the Rheumatology Department at the Lebanese University–Faculty of Medical Sciences, and Head of the Rheumatology Division at the Lebanese Hospital Geitaoui–University Medical Center. In addition, he practices as a consultant rheumatologist at the Lebanese American University Medical Center–Rizk Hospital.

Professor Fayad received his Doctor of Medicine degree from Saint-Joseph University in 1996 and went on to complete specialty training in Rheumatology at both Saint-Joseph University and Pierre et Marie Curie University in Paris.

He further advanced his academic credentials with a Master's degree in Physiology and Biomechanics of Human Motion (2003) and a PhD in Human Motricity and Handicap from Jean Monnet University in Saint-Etienne, France (2008). His postgraduate training included fellowships across Lebanon and France, with additional diplomas in medical orthopedics, physical therapy, osteo-articular imaging, and biostatistics.

A Fellow of the Royal College of Physicians in Glasgow and an elected member of the Board of Directors of the French Society of Rheumatology, Professor Fayad has established himself as an authority in the field both regionally and internationally. He is also a founding member of the Lebanese Multidisciplinary Society for Chronic Inflammatory Diseases, reflecting his commitment to collaborative, patient-centered approaches in rheumatology.

Over the course of his career, Professor Fayad has authored more than 130 articles, book chapters, reviews, and oral communications. His academic work covers a wide range of topics including autoimmune diseases, chronic inflammatory rheumatic disorders, musculoskeletal imaging, and the optimization of pharmacological and non-pharmacological therapies. His research contributions have been published in leading international journals, addressing conditions such as rheumatoid arthritis, spondyloarthritis, lupus, Behçet's disease, and osteoporosis.

Beyond research, Professor Fayad is deeply committed to medical education and mentorship, training medical students, fellows, and healthcare providers in Lebanon and abroad. He continues to advocate for advances in diagnostic imaging, early disease detection, and multidisciplinary care strategies that improve patient outcomes.

Through his leadership roles, academic contributions, and clinical expertise, Professor Fayad has become a central figure in shaping rheumatology practice and education in Lebanon and the region, while maintaining an active presence in the international rheumatology community.