

Kamal Hirbli, MD

Part-time Associate Professor, Department of Internal Medicine, Endocrinology Division

Gilbert and Rose-Marie Chagoury School of Medicine, Lebanese American University

Ext. 5321

kamal.hirbli@laumcrh.com



Dr. Kamal Hirbli is a Clinical Associate Professor of Internal Medicine in the Endocrinology Division at the Gilbert and Rose-Marie Chagoury School of Medicine, Lebanese American University (LAU). He is recognized as a leading expert in endocrinology, diabetology, lipidology, and obesity management, with extensive experience in both clinical practice and academic medicine. Dr. Hirbli earned his medical degree from the French Faculty of Medicine in Beirut and pursued advanced endocrinology training in Paris at Hôtel-Dieu and Bichat University Hospitals, as well as studies in Life and Earth Sciences at the Collège de France. He holds certification from the French Board of Endocrinology and has completed specialized training in obesity management, diabetes care, and lipid disorders.

Throughout his career, Dr. Hirbli has provided patient-centered care to thousands of patients with endocrine and metabolic disorders, integrating evidence-based practices with compassionate clinical management. He has also played a pivotal role in national awareness and screening campaigns for diabetes, obesity, thyroid disease, and lipid disorders, contributing to public health initiatives across Lebanon.

Dr. Hirbli is a dedicated educator and mentor, having taught over 3,000 medical students and trained more than 18 endocrinologists who are now practicing in Lebanon. He has served as Head of the Endocrinology Division at multiple institutions, including the Lebanese University, Rafik Hariri University Hospital, and the Lebanese American University Medical Center–Rizk Hospital. He also held leadership positions on the Lebanese Order of Physicians and has contributed to medical scholarship as General Director and longstanding editorial board member of the Lebanese Medical Journal.

His scholarly contributions include numerous peer-reviewed publications and clinical research on diabetes, obesity, dyslipidemia, and thyroid disorders. He has served as principal investigator or co-investigator on multiple clinical trials and has been recognized nationally and internationally for his contributions to endocrinology.

Dr. Hirbli's professional memberships include the Lebanese Society for Endocrinology, Diabetes and Lipids, the American Diabetes Association (ADA), the European Association for the Study of Diabetes (EASD), and the American Association of Clinical Endocrinology (AACE), reflecting his commitment to maintaining the highest standards in clinical care, research, and medical education.