

Christelle Lteif, MD

Pediatrician

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Dr. Christelle Lteif is a dedicated pediatrician committed to providing evidence-based, compassionate care to infants, children, and adolescents.

Dr. Lteif earned her Doctor of Medicine degree from the Lebanese American University (LAU) in collaboration with LAU Medical Center–Rizk Hospital, before completing her residency in Pediatrics and Adolescent Medicine at the American University of Beirut Medical Center (AUBMC).

Throughout her clinical journey, Dr. Lteif has combined her medical expertise with a deep sense of community engagement. In addition to her private practice, she leads several institutional and public health initiatives, including the “Baby Friendly Hospital Initiative” at Notre Dame University Hospital (NDUH). She also

provides ongoing school-based pediatric care at Central College Jounieh and actively participates in outreach clinics, vaccination programs, and parental education sessions promoting childhood health and development.

Dr. Lteif’s passion for preventive pediatrics, child development, and early disease management is reflected in her broad clinical and research experience.

Dr. Lteif completed elective programs at the Hôpitaux pédiatriques de Nice CHU–Lenval in France and the MD Anderson Cancer Center in Houston, Texas. Her research contributions include studies on neonatal COVID-19 outcomes, antimicrobial resistance in early infancy, and the role of PCSK9 in cardiovascular and metabolic health.

Driven by her belief that “children’s health is the foundation of a stronger future,” Dr. Lteif combines medical precision with empathy and open communication, ensuring that every child receives personalized, comprehensive, and family-centered care. She is currently affiliated with several leading medical institutions, including Notre Dame University Hospital – Jounieh, Keserwan Medical Center (KMC–AUB), Rizk Hospital, and St. Louis Hospital.

Dr. Lteif is an active member of the Lebanese Order of Physicians and serves as a Clinical Instructor at the Lebanese American University Medical Center – Rizk Hospital, as well as a Clinical Assistant Professor of Pediatrics at the University of Balamand. Her professional interests include preventive pediatrics and vaccination, pediatric infectious diseases, growth and nutrition, pubertal development, and parental counseling, alongside mentoring young physicians and contributing to medical education. Dr. Lteif’s scholarly work includes case reports and research publications in collaboration with AUBMC and LAUMC–RH, notably “First Neonatal Death Caused by COVID-19 Infection,” “Risk Factors Associated with Sepsis Caused by Antimicrobial-Resistant Organisms in Infants Below 3 Months,” and “Pre-B ALL with Translocation t(16,21),” as well as her literature review, The Role of PCSK9 in Cardiovascular Homeostasis, published in Current Cardiology Reviews.