

Najiha El Dhaibi, MD

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Dr. Najiha Dhaibi is an Attending Physician in the Division of Gastroenterology at the Lebanese American University Medical Center and a dedicated clinician with a special interest in inflammatory bowel disease and gastrointestinal health. Her work reflects a deep commitment to delivering compassionate, evidence-based care rooted in academic excellence and global training.

Dr. Dhaibi obtained her Medical Doctor (MD) degree from the Lebanese University, where she also completed her residency in Internal Medicine. During her residency, she developed a strong foundation in patient-centered care and clinical decision-making across a range of internal medicine disciplines.

Driven by a growing interest in digestive diseases, she pursued a fellowship in Gastroenterology at the Lebanese American University, with advanced training in both diagnostic and therapeutic endoscopy. Her clinical skills include endoscopic procedures such as colonoscopy, upper endoscopy, and polypectomy, as well as the management of complex gastrointestinal disorders.

In pursuit of sub-specialization in inflammatory bowel disease (IBD), Dr. Dhaibi completed advanced clinical training at Washington University in St. Louis—an internationally renowned center for IBD care and research. There, she trained alongside leading experts in the field, deepening her expertise in the multidisciplinary management of Crohn's disease and ulcerative colitis, novel therapeutic approaches, and clinical research strategies.

Her areas of clinical interest also include irritable bowel syndrome (IBS), small intestinal bacterial overgrowth (SIBO), and colorectal cancer prevention, with a strong focus on early detection and patient education.

Known for her thoughtful and empathetic approach to patient care, Dr. Dhaibi brings a global perspective to her practice and remains actively engaged in academic and research initiatives. Her work continues to shape the future of gastroenterology through clinical excellence, interdisciplinary collaboration, and a steadfast commitment to advancing digestive health in Lebanon and beyond.