

Yara Yazbeck, MD

Specialist in Internal Medicine
Ext. 5514 - 5511

yara.yazbeck@laumcrh.com



Dr. Yara Yazbeck is a specialist in Internal Medicine and Endocrinology and Metabolism at the Lebanese American University, where she combines advanced clinical care, teaching, and research to advance endocrine health in Lebanon and the region.

Dr. Yazbeck earned her Bachelor's degree in Biology from the Lebanese American University in Byblos, graduating with distinction on the Dean's Honor List. She went on to receive her Medical Doctor (MD) degree from the Gilbert and Rose-Marie Chagoury School of Medicine at LAU in 2017. She then completed her residency in Internal Medicine and her fellowship in Endocrinology and Metabolism at the American University of Beirut Medical Center. During her training, Dr. Yazbeck enriched her clinical expertise through valuable international rotations, gaining hands-on experience in diverse healthcare settings that expanded her perspective on patient-centered care.

Dr. Yazbeck's clinical practice focuses on the management of hormonal and metabolic disorders, with special interest in diabetes, thyroid disease, osteoporosis, and complex bone mineral diseases. She is also experienced in systematic reviews and meta-analyses, supporting her commitment to evidence-based practice.

In addition to her clinical responsibilities, Dr. Yazbeck is deeply engaged in academic medicine and mentorship. She is dedicated to teaching medical students and residents, with emphasis on clinical reasoning, evidence-based care, and professional growth. She has contributed to regional health programs and community-based initiatives, underlining her dedication to public health and equitable healthcare delivery.

Dr. Yazbeck is actively involved in research related to bone health, body composition, and rare endocrine tumors. Her work has been published in peer-reviewed journals such as the British Medical Journal and presented at international endocrinology forums.

She holds membership in the Lebanese Order of Physicians and has previously served as a medical coordinator for Relief International, further reflecting her commitment to humanitarian healthcare.

Her professional philosophy centers on delivering holistic, patient-centered care guided by scientific rigor, compassion, and a dedication to improving health outcomes for all.