

Abdo Saad, MD, FACC

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Dr. Abdo Saad is a Clinical Assistant Professor and Program Director of the Gastroenterology Fellowship at the Lebanese American University Medical Center–Rizk Hospital (LAUMC–RH). He is an American-trained gastroenterologist with extensive experience in inflammatory bowel disease (IBD), esophageal and motility disorders, and complex gastrointestinal conditions.

Dr. Saad obtained his Doctor of Medicine degree from the American University of Beirut in 2004 before moving to the United States to pursue advanced medical training. He completed his residency in Internal Medicine at Indiana University in Indianapolis, followed by a fellowship in Geriatric Medicine at the University of Wisconsin in Madison. He then specialized further with a Gastroenterology Fellowship at the University of Missouri in Columbia and an Advanced Fellowship in Inflammatory Bowel Disease at the University of Chicago, Illinois.

To complement his expertise, Dr. Saad also completed specialty training in Esophageal and Motility Disorders at Northwestern University in Chicago. Prior to joining LAU, he served as Medical Director of the Gastroenterology Specialty Group at Presbyterian Healthcare System in Albuquerque, New Mexico, where he led multidisciplinary teams and developed clinical programs for advanced GI care.

Dr. Saad’s clinical focus includes inflammatory bowel diseases such as ulcerative colitis and Crohn’s disease, esophageal disorders including reflux disease and dysphagia, as well as anorectal and functional GI disorders. His work integrates advanced diagnostic techniques and patient-centered management strategies, emphasizing precision and evidence-based care.

In addition to his clinical practice, Dr. Saad is actively involved in teaching, mentoring, and program development within the LAU medical community. As Program Director of the Gastroenterology Fellowship, he plays a central role in training future specialists and advancing the hospital’s academic and research missions.

Dr. Saad is board-certified in Internal Medicine and Gastroenterology and is a member of leading professional associations, including the American College of Gastroenterology (ACG) and the Crohn’s and Colitis Foundation (CCF). His research has been published in several peer-reviewed journals, addressing topics such as inflammatory bowel disease management, radiation safety in gastroenterology, and advancements in diagnostic and therapeutic endoscopy.

His academic work and clinical expertise continue to contribute to the advancement of gastroenterological care and medical education both locally and internationally.